

**Alternate Fall Boys Swimming and Diving Season
Voluntary Dive Group of the Week Schedule**

Week	Voluntary Group	Dates for Use
Week 1	Forward	March 12 – March 20
Week 2	Back	March 21 – March 27
Week 3	Inward	March 28 – April 3
Week 4	Twist	April 4 – April 10
Week 5	Reverse	April 11 – April 17
Week 6	Forward	April 18 – April 24
Week 7	Back	April 25 – April 30